

Portugal

COMMIT THROUGH ART
FOR WELL-BEING

10 - 17 MAY. 2026



Erasmus+



our team



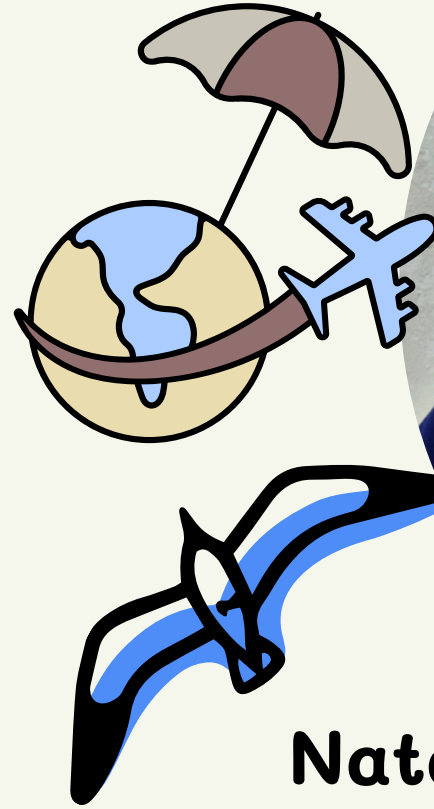
Milena



Ania



Karolina



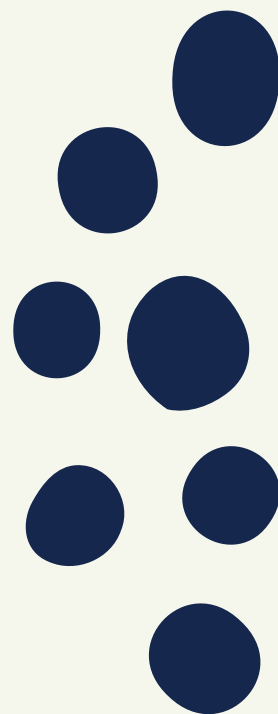
Natalia



Maja



Patrycja



Daniel



Maja





Day 1

Arriving in Porto via Frankfurt.



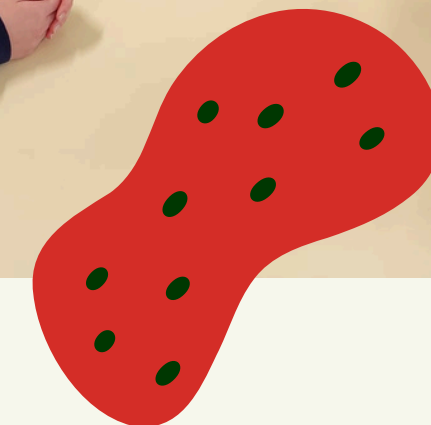
Day 2

Portugal has a rich history as one of the oldest nations in the world. In the 15th and 16th centuries, Portugal was a global maritime power, leading the Age of Discovery and establishing colonies in Africa, Asia and South America. The country became a republic in 1910 and has been a member of the European Union since 1986.



Day 3

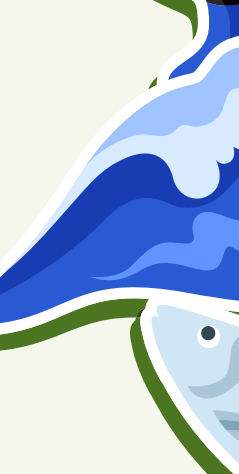
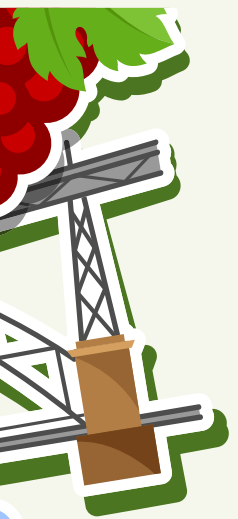
Portugal's economy is heavily dependent on tourism, agriculture and manufacturing. The country is a leading producer of cork, olive oil and wine, particularly the famous Port wine. The technology and renewable energy sectors have been growing in recent years, making Portugal an emerging hub for innovation.



Day 4

Tourism is an important part of Portugal's economy. Visitors are drawn to the historic cities of Lisbon and Porto, the beautiful beaches of the Algarve and the picturesque Douro Valley wine region. World Heritage sites such as the Belem Tower and the Batalha Monastery attract history buffs. 7

TEATRO
DA CERCA
DE SÃO
BERNARDO



Day 5

Portugal's wildlife is diverse, with species such as the Iberian lynx and Bonelli's eagle inhabiting the country's forests and mountains. The Azores and Madeira archipelagos, both part of Portugal, are home to unique marine life, including whales and dolphins.





